



Educational Sessions for IECA's Spring 2010 Conference, Toronto

Therapeutic Schedule

Session Title	Description	Presenter / Panelists	Track
WOW: Is Video Game Addiction Real?	A multimedia presentation identifying and exploring biological and environmental factors contributing to compulsive Internet gaming. This workshop will address diagnosis and treatment, examine related topics of addiction, anxiety, depressive disorders, and social isolation. Addiction to MMORPGs can bear a striking resemblance to the use of addictive chemicals. This presentation will include student interviews. Participants will walk away with an understanding of causes, symptoms, treatment, and a visceral appreciation for the addictive power of these games.	J Huffine and Michael Griffin, Second Nature Cascades	N
From Backpacks to Bookbags: A Model for Successful Transition between Wilderness Therapy and Therapeutic Boarding School	If wilderness is the 100-yard dash, then therapeutic boarding schools are the marathon. The transition from wilderness to a TBS is an important time in a student's process. A valuable model of continuity encompassing communication, timing, and mentoring from program to program before, during, and after the transition will be reviewed in this session. Specific examples of how programs can help families make successful transitions will be given.	Jesse Quam, SUWS of the Carolinas and David LaPere, Cherokee Creek Boys School	N
Transformations: How Does Wilderness Intervention Work?	Does wilderness work? Yes! This presentation includes positive measurable bio-feedback results of youth who have been involved in wilderness based interventions. These results prove therapeutic effectiveness and can be used to demonstrate why wilderness therapy works. This workshop will explore the wilderness therapy intervention process through a neurological framework. It will be filled with laughs, video, and cutting edge scientific research on stress. Be prepared to enter the wild!	Steve Sawyer, New Vision Wilderness	N
Milieu Treatment in a Therapeutic Boarding School: A Blueprint	The recognition that the environment in which a person lives impacts his or her mental state is the foundation upon which the therapeutic milieu rests. Milieu treatment is especially effective for teenagers as its framework aligns with the developmental task of adolescence. This workshop will examine the ingredients that create an effective therapeutic milieu, including the various psychotherapies and their incorporation into the fabric of the school setting to foster change.	Richard Rubin, Richard Chorney and Peter Chorney, The Grove School	N
Achieving Positive Change through Community-Based Residential Treatment	As professionals in the field of education and human behavior, we know there is a higher degree of skill transference achievable for behaviorally and socio-emotionally challenged youth, when a more realistic learning environment is engaged. You are invited to learn about a treatment model that focuses on family reintegration with emphasis on meaningful adult relationships in individualized, authentic homecare environments as a key contributor to the positive change process.	Connie Buckle, Venture Academy	N

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Parents as Partners: Improving Adolescent Residential Treatment through Effective and Increased Parent Participation	Involving or "partnering" with parents may be the single most important indicator of a program's commitment to participant quality of care and success. This session will challenge existing paradigms regarding working with parents, stimulate discussion, provide better understanding of parent / family member perspective, and share ideas / best practices among attendees. Examples for increasing participation and engagement as well as ideas for monitoring and evaluating efforts towards that goal will be provided.	Brandi Elliott, Northwest Academy	N
Therapeutic Program Case Studies	Description pending.	Linda Cain, IECA	N

In addition to the workshops above, therapeutic school and program representatives have the opportunity to participate in the following:

Legislative Update: Regulating Therapeutic Schools and Programs	As a follow-up to our successful Point-Counter Point Session in NC, NATSAP Leadership will provide an update of where things currently stand regarding the push for legislation. A discussion of what consultants and programs can do to ensure the elimination of aspects of the bill that would most harm the effectiveness of programs will be included.	Representatives from NATSAP	
"Point / Counterpoint and Community Discussion "12-Step Programs: The Right Approach for Adolescents?"	<p>Following the enormously successful Friday afternoon Point / Counterpoint in Charlotte last fall, IECA follows with another significant, debated issue in promoting healthy, successful adolescents. Namely the view that many believe that 12-Step programs offer the best approach for assisting students with drug or alcohol abuse. On the other side of the argument are those who believe that "being an addict" and "never using again" are tricky concepts when applied to a 16-year old.</p> <p>In this session a panel will review the 12-Step model, along with medical models, stages of change, rational emotive, and other therapies, noting the rationale for success in 12-Step modeling. Audience members will be invited to ask questions and fully participate in what promises to be another lively, insightful point / counterpoint exploration.</p>		
Master Class "Treating Personality Disorders in Children and Adolescents"	Dr. Bleiberg is nationally recognized as a leader in child and adolescent psychiatry, and has written extensively on this subject. Dr. Bleiberg is the Alicia Townsend Friedman professor of Psychiatry and Developmental Psychopathology. He oversees the Child and Family research program of the Menninger Clinic and is Vice Chair of the Menninger department of Psychiatry and Behavioral Sciences and Director of the Division of Child and Adolescent Psychiatry at Baylor College of Medicine. Board certified in adult and child and adolescent psychiatry, Dr. Bleiberg has in-depth clinical expertise in personality and conduct disorders, trauma, and consequences of maltreatment of children and adolescents. He also has a keen interest in developmental psychopathology. Dr. Bleiberg integrates treatment methods, utilizing psychodynamic, pharmacological, and family systems approaches.	Dr. Efrain Bleiberg	

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